

# NZ HOUSE & GARDEN

OCTOBER  
2005

Sir Edmund Hillary's  
favourite room

wander through Woodbridge

come to bed

at home in Herne Bay

just desserts

\$8.95  
per copy



a fabulous

*Sally*



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# SMALL BITES

Goodies for gourmets and kitchens

COMPILED BY SALLY BUTTERS



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**1 Geronimo knife set** comprises five knives of varying sizes in an easy-clean, hard-wearing plastic block. Funky and at the friendly price of \$29.95 per set from Uncle Zito's, tel (03) 546 9739. **2 Eatright Oat & Sultana Cookies** contain 75% less sugar than the average biscuit, are wheat-free and high fibre yet amazingly tasty. Around \$2 each from supermarkets and health food stores. See [www.eatright.co.nz](http://www.eatright.co.nz) for information. **3 Living Herb Holders** offer a stylish solution to the problem of messy, droopy herb plants on the kitchen bench and they come with a pair of scissors handily attached to the side. \$14.95 each from supermarkets or by mail order from [gardenbug@paradise.net.nz](mailto:gardenbug@paradise.net.nz) **4 Mum's tomato sauce** has a traditional home-made flavour just like the sauce Mum (or Grandma) used to make – or possibly better. \$14.95 per 540g bottle from delis including Zest in Nelson. **5 Organic spices** sold by Trade Aid are sourced from Sri Lanka as part of its Fair Trade initiative which means you can buy them with a clear conscience. Whole cloves, cinnamon sticks, peppercorns, ground ginger and chilli \$2.95 per pack. See [www.tradeaid.org.nz](http://www.tradeaid.org.nz) for information. **6 Attitude Foods Organic Roasted Vegetable Spice** and **Toasted Cereal Topping** are convenient for adding flavour and healthful goodness to foods. The seed-based mixes are handmade with care on Waiheke Island. Around \$7 per jar. See [www.attitudefoods.com](http://www.attitudefoods.com) or tel (09) 372 5074.

PHOTOGRAPHS: FLASH PHOTOGRAPHY. PRICES MAY VARY AT SOME STOCKISTS.