

NEW ZEALAND

100+ RECIPES & IDEAS

September 2005

\$5.00 (inc GST)

Taste

www.taste.co.nz

Sweet talking

- Cherry & apple pie
- Classic cheesecake
- Afternoon tea treats

Sunday best

Brunch favourites
for family & friends

KIDS IN THE KITCHEN

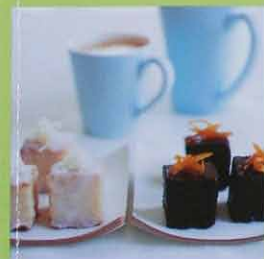
Inspiring you
and them!

Tempting
fish dinners
for week nights



quick and delicious

SPRING PASTA



Summer fresh

Open this oil and take in the cleansing essence of limes. Use it as a dip for bread, seafood or vegetables like asparagus or with a dukkah of toasted, crushed coriander and cumin seeds, sea salt and black pepper. Or try it as a starter over avocado and tomatoes and lightly sautéed prawns. Attitude Foods, ph: (09) 372 5074 or visit www.attitudefoods.com



Make his day

Inspired by a builder's tool belt, the Grillslinger, \$185, is just what dad needs when sizzling snarlers on the barbecue. Created by the culinary duo who established Wellington's fine-dining establishment, Logan Brown, the belt holds a grill knife, performance tongs and a pro-flipper (spatula). Sitting on the chef's hips, it's easy to reach and frees up space on your barbecue. Buy from specialist food and kitchen supply stores. Visit: www.grillslinger.co.nz

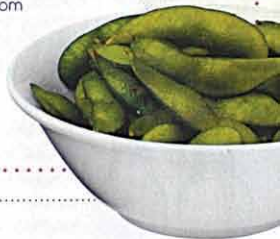


Tea-riffic

Ready for a tea break? Dilmah hits the spot with its new series of tea leaves packaged in chic silver tins. The 1 series, \$12.95, consists of a number of new flavours: natural ginger, rose with vanilla, Mediterranean mandarin, plus classic faves: Earl Grey, jasmine and peppermint. This range is available from selected cafes and specialist food stores. Visit www.dilmah.co.nz

Oh Mama!

The Japanese like to accompany their beer with moreish edamame beans and soon you can too. Steamed and dusted with salt these tasty little soybeans make an addictive, low-fat snack. Thanks to The Lazy Chef, they are a snip to prepare at home - just pop a frozen packet, from \$4.95-\$5.50, in the microwave, and voilà: beans ready to squeeze from the pod. Edamame beans are full of protein, high in vitamins and rich in iron, calcium and zinc. Look for them in supermarket freezers. Ph: (09) 309 2882 or visit: www.theicedonioncompany.com



5 TASTE TEST PASTA SAUCES



Mrs Rogers Organic Tomato & Basil Pasta Sauce, 430g, \$6.75.

Chunky vegetables throughout, but this smells vinegary and tastes acidic.



Raguletto Bolognese Classic Tomato, 500g, \$2.49. With no additives or preservatives. Smooth sauce with pieces of tomato. Tomato flavour a bit flat.



Sabato Sweet Pepper & Chili Sauce, 560g, \$12.95. Made in Italy. Glossy, chunky sauce with bits of pepper.

Capsicum aroma and a hot chilli bite.



Bertolli Five Brothers Summer Tomato & Basil Sauce, 550g, \$3.15.

Smooth sauce, diced tomatoes. Sweet tomato flavour and smell, with basil perfume backnote.



Zito Organic Vine Ripened Tomato & Basil, 690g, \$5.10.

From Italy, slightly oily and a little watery, with a chunky consistency, and flat tomato flavour.

WE LIKED THIS ONE BEST